MARCH 2025

BUSINESS MAGAZINE

THE PREMIER MAGAZINE FOR ART, FASHION, AND LIFESTYLE

RELATIONSHIPS MATTER

CHANEL N. SCOTT

"The Queen of Relationship Talk"



Every child deserves a self-sufficient family...

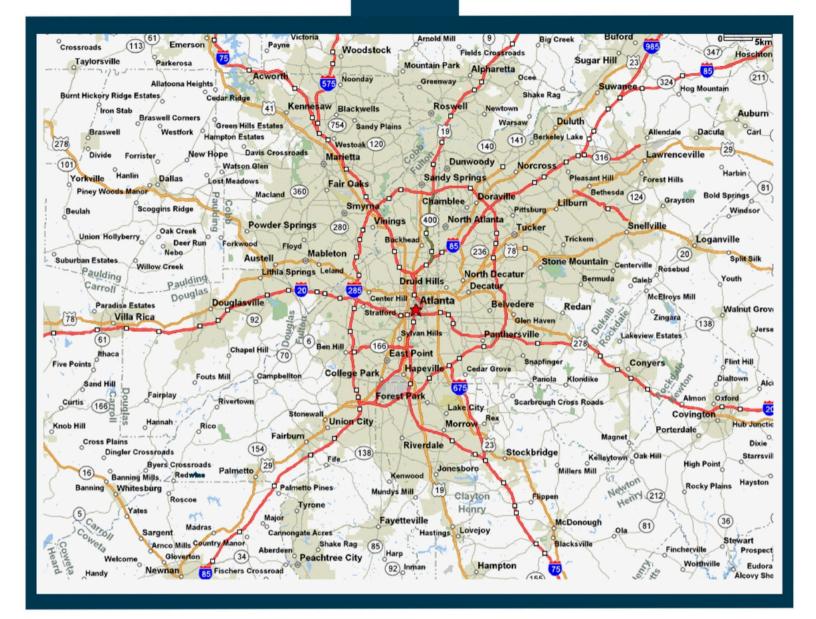
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"I asked Allah for wealth, He gave me Islam" -Muhammad Ali

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"It's the obligation for those who know to teach those who don't know. It is also an obligation for those who don't know to seek the knowledge"

Quadir

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06 _____ IN THE CITY NEWSLETTER

This can include articles, stories, photographs, and advertisements.

09 ____ IN THE CITY EATS

To create your own, choose a topic that interests you. It can be anything from fashion and beauty to travel and the news. Once you have your overall theme, you can start brainstorming the content.

13 _____ RELATIONSHIPS MATTER

Just starting? Design a memorable masthead with an equally memorable name. This goes on the cover and sets up the branding for your entire magazine.

18 _____ LOOK 100 MODEL FEATURE

What style are you going for? Is it playful? Classic? Bold? A good masthead captures the essence of your magazine, so it needs to be flexible, meaningful, and consistent enough for future issues.

32 _____ FERRIER BELL FASHIONS

Next, think of a compelling feature for your cover story. This will be what draws your audience in.

Cover Photo: Mel B. @melbelderjr MakeUp: Janay Famous @yesitsfamous "Anything worth having takes time." – @abdquadir1

In The curry NEWS



self-improvement is something I've come to value a lot over the years, especially as an entrepreneur. The entrepreneurial journey is not to be taken lightly and requires you to have discipline, focus, determination, motivation, confidence, creativity and much more. But in order to possess many of those qualities and the energy to maintain them, self-improvement is something that has to be practiced, with intention, on a daily basis.

Self-improvement has been defined as "the improvement of one's knowledge, status, or character by one's own efforts." It's really our journey to transformation and making ourselves better - whether it be learning a new skill, working on our health and fitness, elevating in business, or improving our finances.

One of the mistakes people often make when focusing on self-improvement is focusing on a specific goal. While goals are great to set, especially when they are S.M.A.R.T. goals, often we get discouraged when we don't reach the specific goal that was set, which affects our trust and confidence in ourselves, because we lose faith in our ability to accomplish things. Selfimprovement looks at the process of achieving the goal that is set, and all the many steps that go into accomplishing it.

LIFE VALUE INCREASE

GROWING YOUR CONFIDENCE

Trust the process. Take credit for how far you have come. Even though you may not have reached the goal, you are no longer where you started and you have made some progress, regardless of how small. This is self-improvement. Small steps lead to big results. You must congratulate yourself for the small wins because they are wins, nonetheless. Celebrating yourself during the process will serve to motivate you to continue to push forward and honor yourself for your transformation. It will keep you focused and disciplined and working toward your goal. And again, even if you don't reach the goal, you have still improved some, and ultimately that should be the goal.

Think about it. How many times have you set a goal, achieved it, and are on to the next thing? The goal may have seemed like something major at the time you set it, but during the process of attaining it, you improved and learned so many other things that you're in a different space, with a different mindset, and the goal isn't even important anymore. We literally live our entire lives this way. Setting goals, crushing them, and not even acknowledging the accomplishment.

It's because it's not about the goal - it's about the journey.

LERAE FUNDERBURG CEO Of Funderburg Law, Ilc



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FEATURE

TEE TAYLOR | PHILADELPHIA ARTIST

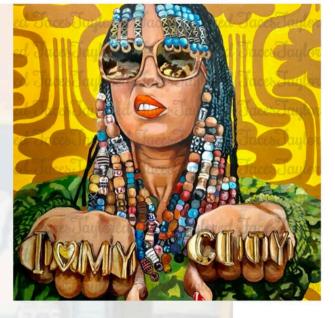
"For the first time in her life, this is not about track. We care about you as a person. She feels that. When she sits in a room with (golf's) Olivia Mehaffey and (basketball's) Remy Martin and that leadership group, she's a leader, there's no question about it. She's selfless, she has empathy for people, she cares, and that's what leadership is. Whatever she's doing, she's going to make the place better. I knew she would help us in track, but I knew she'd make our university better. That's what I look for."

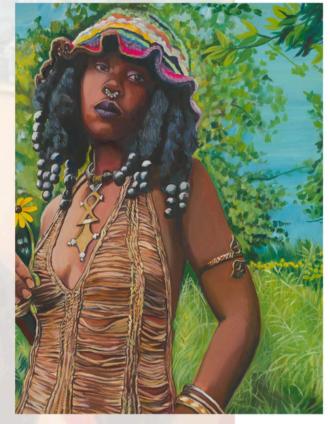
THE STORY

Native of Philadelphia and acrylic artist, Tisha Taylor specializes in captivating three-dimensional paintings. Inspired by her surroundings and family heritage of creativity, Tisha's work invites viewers into a world where depth and dimension converge on canvas. During the quarantine, she made the pivotal decision to transition into a full-time artist, dedicating herself entirely to her craft. With each piece, she pushes the boundaries of traditional painting, creating immersive experiences that blur the line between reality and imagination. Through her mastery of texture and form, Tisha continues to captivate audiences, showcasing the boundless possibilities of three-dimensional art.









Nov, vol. 45

ITCM Gats



Appetizers

BY SHAQUIN THOMAS

are a great way to start the meal. They say you will never leave the kitchen at a great party if the appetizers are delish! A rule of thumb- they need to be tasty and easy to pick up and pop in your mouth! If done right, you may not even need an entree. Fried Green Tomatoes are a Southern classic. You can add a delicious topping to make this a hearty meal. Top the dish with crab aioli and it takes it to the NEXT level! Chef's Kiss!

Sausage Stuffed Mushrooms are a scrumptious delicacy. Stuff them with Italian sausage, cheese, scallions, and panko crumbs. These little bites are packed full of flavor.



Now I know we've been trying to stop our big back behavior....but these Crown Apple Glazed Wings have me in a chokehold. Cooked to a golden crisp and generously drizzled with this mouthwatering whiskey glaze, these wings are a must on every menu. Fried Broccoli is not the norm and that's what makes them a delight! These handheld veggies are seasoned to perfection and taste like fried chicken! It is a MUST to dip it in ranch dressing for a delectable treat and it will make you want to slap your mama!



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In the heart of Atlanta—a city known for its rich tapestry of cultural expression and vibrant community spirit—Chanel Nicole Scott stands as a dynamic voice for love, connection, and meaningful relationships. More than an artist or community leader, Chanel has become an emblem of Atlanta's belief that relationships-be they romantic, familial, or communalare the heartbeat of a thriving urban landscape.

Culture, and Conversation

BY: SHAQUIN THOMAS



Chanel Nicole Scott is carving out a space for deep, meaningful dialogue. As the visionary behind CheMinistry, her transformative relationship platform, Chanel is not only redefining modern love but also amplifying the voices of those navigating its complexities. Through candid conversations and raw storvtelling, she fosters a sense of community that transcends age, gender, and background.

From the moment Chanel Nicole Scott enters a room, her presence is undeniable. Whether she's leading a panel of thought leaders or engaging with her loyal followers online, and her authenticity radiates. Her journey began with a simple yet powerful realization: people crave honest, unfiltered discussions about relationships -the kind that go beyond surface-level attraction to explore emotional intelligence, healing, and self-worth.

Chanel's work significantly contributes to Atlanta's cultural vibrancy by addressing topics that resonate with the community. The "Relationships Matter" podcast catalyzes open discussions, encouraging Atlantans to reflect on and improve their relationships. This initiative aligns with the city's spirit of growth, unity, and cultural richness. Chanel Nicole Scott's work transcends traditional artistic boundaries. By hosting community dialogues and relationship-building workshops, she has created safe spaces for Atlantans to explore and redefine what connection means in the modern era. These gatherings have become incubators for new friendships and partnerships, reinforcing the idea that relationships matter as much for personal growth as they do for societal progress. "In a city as diverse as ours, every story of love is a testament to our shared humanity," Chanel asserts, highlighting the transformative impact of open, honest conversations about relationships.

ITCM BUSINESS MAGAZINE

INTERVIEW WITH

ITCM: What inspired you to create your platform?

CNS: My inability to sustain healthy relationships. I wanted to have conversations with both men and women to truly understand the male perspective. You can't have wholesome conversations without hearing both sides. After messing up over and over, you eventually become an expert.

ITCM: How do you use your platform to inspire and give back to the community?

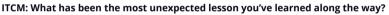
CNS: My platform is free. Anyone can come, and we can have conversations until they reach a place of peace. I bring on influencers who have had similar experiences—not for show, but to add value through real conversations and experiential knowledge. I need my guests to have been through something to sit on my stage because otherwise, they can't empathize. You can't sit up here if you haven't gone through it (chuckles).

ITCM: What is the best date night music?

CNS: R&B is the best date night music. Chris Brown is the king of R&B and the greatest of all time. Usher isn't too far behind him. Oh, and we can't forget about Ne-Yo, Xscape, and TLC. I came to Atlanta during Freaknik back in '94 or '95, so I have to say old-school music like Silk and H-Town. And I gotta throw Lil Baby in there too because I do like some trap music.

ITCM: What is the best date night spot or hidden gem in Atlanta?

CNS: I don't know if it's a hidden gem or if I'm late to the party, but Toast on Lenox is amazing. I'm a foodie, and I love it. I also love Houstons. It's simple, but they always set the ambiance. They are consistent, and you know exactly what you're going to get every time. Oh, and I like The Cheesecake Factory! I never understood why people say you can't go there for a date night. I'm going!



CNS: I believed this gentleman was my husband. I believed it so much that I moved to the cit, where he was. He was a pastor, and I watched him marry someone else... While he was being elevated in finding a spouse, I felt like God was demoting me. I lost everything—my home, my car—and I had to move back in with my parents for three years. Sometimes life doesn't look the way we think it should, but we have to let go and let God.

ITCM: Reality TV and social media have put a spotlight on Atlanta's dating and social scene. Do you think this representation is accurate, or does it create unrealistic expectations?

CNS: It's accurate. This whole idea of "ethical non-monogamy"—aka multiple dating—is real. People from the old school don't want to share. Nowadays, people are willing to share because they just want someone in their lives. They're settling for whatever they can get.

ITCM: How do you personally use fashion as a tool for empowerment and self-expression?

CNS: Fashion is just another way for me to express myself. Not that I've arrived—I am emerging, I am elevating. I dwelled in low places for so long, but now I'm on a different level, and I just love fashion.

ITCM: If you could give your younger self one piece of relationship advice, what would it be?

CNS: Figure out what your purpose is. I dealt with a lot of rejection because of my height. It all boils down to self-love. Know who you are so you're not out here thinking someone is better than you. Love yourself and know your worth. When you know your purpose, you don't waste time.

ITCM: What legacy do you hope to leave through your work in love, relationships, and self-awareness?

CNS: I want people to learn to tap into their purpose and live their life out loud. The purpose is just a cliché to most people because they don't know how to tap into it. Once you understand the principles of purpose, relational issues no longer matter because you know who you are and your God-given identity. Loving yourself means not allowing other people to mistreat you.

ITCM: Are there any upcoming projects that you're excited about?

CNS: I just released a new card game called Relationships Matter, and I'm excited about it! During my live taping with Dr. Heavenly, Joc and his wife, and Deiondra Sanders, we will be pulling cards from the game. Also, my show Relationships Matter ReImagined will be featured on In The Black Network.

ITCM: How was it shooting with In The City Magazine?

CNS: It was great! It didn't feel like work—it was like shooting with friends.

This version keeps the essence of the interview but refines the flow while adding the requested formatting. Let me know if you need any tweaks! ☺

CheMinistry isn't just a brand—it's a cultural movement. What started as an intimate gathering for transparent discussions has evolved into a powerhouse of dialogue, featuring high-profile guests, industry influencers, and everyday people sharing their truths. The conversations dive into topics often considered taboo—unpacking past traumas, breaking generational cycles, and learning how to love with intention. With a signature blend of charisma and insight, Chanel guides these discussions in a way that fosters growth.

In an era where Black love is both celebrated and scrutinized, Chanel is at the forefront of dismantling harmful narratives. She challenges stereotypes, highlights the beauty of emotional intelligence, and showcases the strength of Black relationships in all their forms.

Her work resonates deeply within communities that have historically been denied the space to discuss emotional well-being. By integrating faith, psychology, and lived experience, Chanel creates a safe space for dialogue that is both therapeutic and revolutionary. While CheMinistry remains at the heart of her brand, Chanel's impact extends beyond relationships. She's a multifaceted entrepreneur, media personality, and cultural curator. Whether she's launching new projects, hosting empowering events, or mentoring aspiring thought leaders, her influence is undeniable. Her plans include expanding CheMinistry into a multimedia platform and creating content that reaches global audiences through podcasts, television, and digital storytelling.



"We have to acknowledge that many of us are unlearning generational habits while simultaneously trying to build something new," she explains.

"Love isn't just about romance—it's

about cultural healing."





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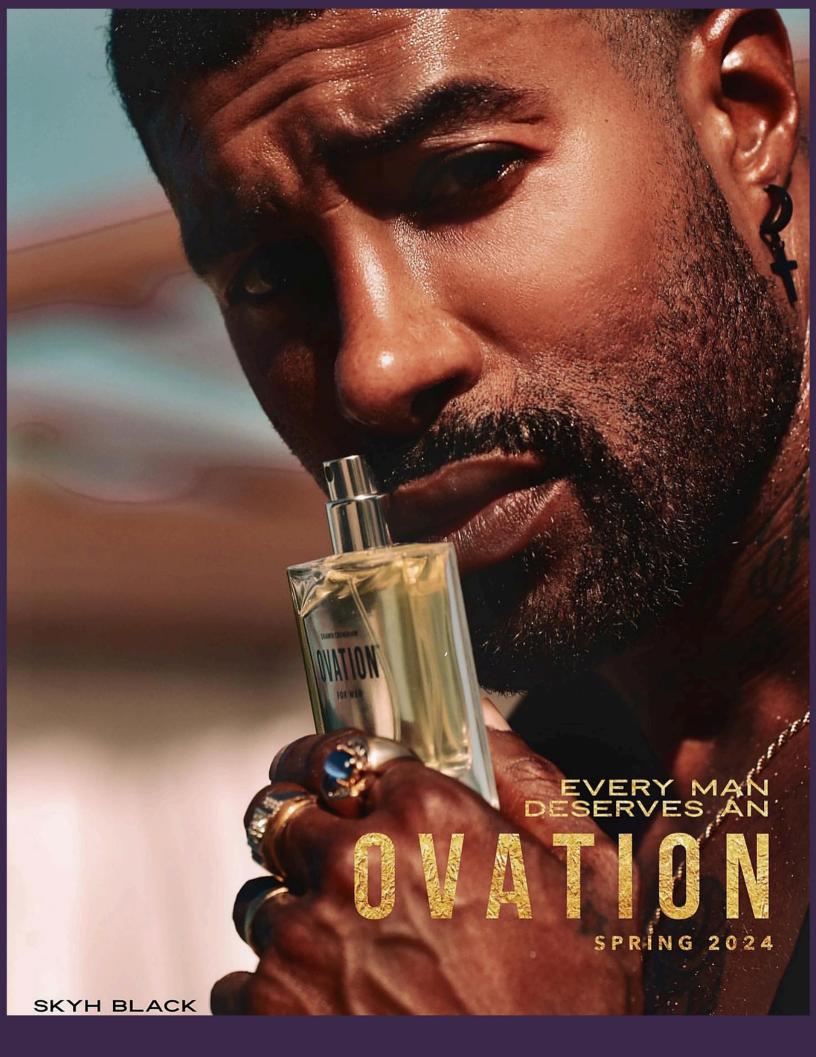
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Confident

Grace in Every Step

With every step, she owns the floor, A queen of beauty, strength, and more. Her skin, a canvas rich and bold, A story of resilience told.

Her eyes reflect a world of dreams, Her walk, a rhythm, pure esteem. She lights the way with grace and pride, A beacon that won't be denied.

Through every pose, she speaks her truth, A model of eternal youth. Unshaken by the world's gaze, She shines, she conquers, she amazes.

Modelling







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IN THE CITY FITNESS

Rocky Ingram

59 years old I help people get ripped up and maintain Longevity!

GET RIPPED

"Your workout programs changed everything for me!"

Olivia W.



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a Washington D.C native moved to Georgia at the age of 18 in 2009 to attend Bauder College, where he earned his associate degree in Fashion Merchandising, and then went on to The Art Institute of Atlanta Decatur where he received his B.An in Fashion Retail Management. James has worked diligently for the past fourteen years to grow his craft in menswear. James has made appearances on "The Real House Wives of Atlanta" on Bravo, "Put a ring on it" on its own, and featured in a New York Best Times seller "Men of Style a Philanthropic Glance of Arts" written by Dr. Courtney Hammonds. With his years of experience, James has dressed the crème de la creme in every industry.



You can now find James running one of Atlanta's top-rated black-owned menswear showrooms "Miguel Wilson Collection"

at Phipps Plaza

in Buckhead where he operates as the brand's creative director and Menswear stylist. James is the true definition of a gentleman and prides himself on dressing for success which is a motto he lives by. When not working in his showroom he devotes his time to mentoring and speaking to young men on being and looking like a gentleman today. He has spent years studying and perfecting his field of expertise in sartorial menswear, the culture and history of menswear, made-to-measure, styling, and wardrobe consulting. Married to his beautiful wife Tahana Massey of seven years, and father to three beautiful children Caiden, Chloe, and Camryn Massey, James states he has accomplished two amazing goals in his lifetime. Although he has been able to accomplish many things so far in his career, it is just the beginning.



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The confidence and self-assurance he exudes when dressed well are captivating to women. Attention to grooming and hygiene showcases his self-care and respect for himself and others

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When it comes to clothing, choosing the right brand can make all the difference. A good clothing brand not only offers stylish and comfortable clothes, but also reflects your personality and values. With so many clothing brands out there, it can be overwhelming to choose one.

Overall, choosing a clothing brand that aligns with your values and meets your needs can elevate your style and make you feel good about your purchases.

FARRIERBELL COUTURE RUNWAY Photos

Photos By: @terrelantoni

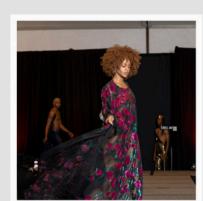


















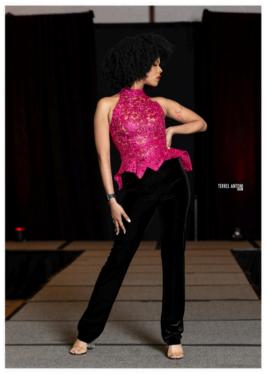












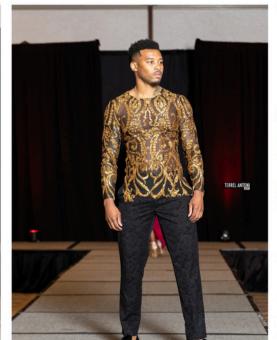
Fashion designer Alex Holliman was born and raised in Omaha, Nebraska, where he started hand sewing at the age of nine. Holliman stumbled across his first sewing machine while thrift shopping with his Grandmother. At a young age, Holliman taught himself how to operate the sewing machine while using his mother's sheets and curtains as his fabric source. As a self-taught fashion designer,

Alex Holliman faced his fair share of challenges. Despite his innovative approach to garment-making, he failed his sewing curriculum in high school. This setback, however, did not deter his spirit. It only fueled his determination to succeed in the fashion industry.













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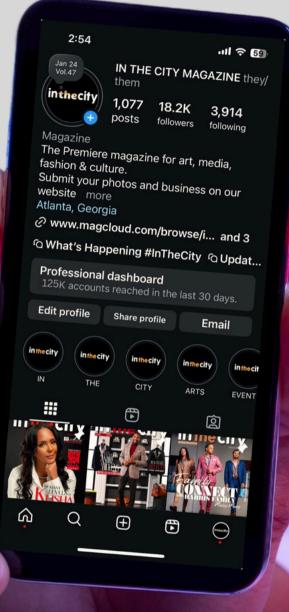
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